Dear UN Commission on the status of women,

I am writing to you as a woman living in Germany. I want to bring your attention to how gender ideology is impacting our lives negatively.

I work in tech in Germany. While it is already very hard for women to be in tech, I had the worst time in Germany. I have been repetitively discriminated against, I was underpaid and hired for lower seniority than my level of education and experience in two German companies. First in ... from March 2018 to February 2019 and then in ... from February 2019 till now. Though, I wasn't asked directly to be smaller, I was/am encouraged to be smaller and deprived of opportunities when I try to ask for my rights.

Recently, multiple companies in Germany decided to change women's bathrooms to be uni-sex bathrooms; ex ... and Imagine, having terrible work conditions that is eating at your soul because you are belittled in every move. Women's bathrooms are the only places that are deemed safe for me to exist without thinking that there is something inferior about me. I don't feel threatened, I don't feel discouraged from getting inside but now, I cannot join multiple companies in Germany. I already have slim pickings if I wanted to join a company that will pay me on equal basis, and will give me equal opportunity, now there is one more thing to consider.

In Germany, affirmative therapy is only considered for children who has gender dysphoria. As someone who comes from the middle east and I know how people think, I know for sure that people would rather their daughters and wives to die than to go to a male doctor that says he is a woman. As a woman, myself, I cannot accept the idea that I will get a male gynecologist who tells me that he is a female. I know that won't kill me but I know it will lead to the murder of many women who would be either denied cure or refuse cure coz it is not by a woman.

We have a quota for women in leadership and political parties positions because even in Germany with a female councilor, women aren't seen competent, men now get to have both quotas. Quotas as men and quotas as women. At the end of the day, they had societal affirmation for their competency for years. In the greens party in Munich, Herr Ganserers, who is a biological male is part of the women's quota. How discouraging as if women don't have enough obstacles, now we don't have our hard earned rights.

I am afraid for the few rights I have. Instead of tech companies working for attracting more women, they will just include more men that identify as women. I don't share any realities with these men. I have struggled to be in the position I am in and now, I get to see all my achievements ignored, all my problems trivialized.

I see what's happening in Ireland and the US and I cannot help but be despaired. Poor women are raped in prisons. In Canada, the Vancouver rape relief center was deprived of funds because they supply help to women only. I haven't lived this reality and I know I am privileged more than most but I know from lived reality that if the rights don't exist for some, it doesn't exist for all.

I hope you help women keep their hard earned rights. Please help women keep single sex places. Help women to go to work and keep their representative quotas. Please save vulnerable women from rape and fear in prisons and in refuges shelters.

I know bathrooms and changing rooms seem like a luxury but it is part of our experience to socialize there without fear. Women enter female bathrooms to escape predators, now we are opening the door for them to join us. 90% of assaults in bathrooms happened in uni-sex bathroom.

Women using a bathroom aren't humans using a bathroom to some men. It is a genre of porn and I have to entertain men even at work. As long as we don't know how to differentiate between men with gender dysphoria and men who are interested in depriving women of their rights, we shouldn't allow men in women spaces.

Thank you for taking the time to read my message. I hope you are convinced that women will lose a lot under the gender identity laws.

Regards, A woman in Germany